

An aerial photograph of a tropical island with lush green vegetation and a small white sandy beach. The surrounding water is a vibrant turquoise color, indicating shallow depths and clear water. Several white catamarans are anchored in the bay. In the background, more islands are visible under a clear blue sky.

# GRENADINES CRUISE



**CATLANTE**

CATAMARANS



# GRENADINES ISLAND CRUISE

## THE MOST BEAUTIFUL SAILING PARK IN THE CARIBBEAN (11 DAYS)

Alone, as a couple, with family or friends,  
one cabin or the whole boat.

A marvellous sailing park, the Grenadines archipelago lends itself perfectly to catamaran cruises. The sea is turquoise, the seabed fishy. Uninhabited islets in the Tobago Cays and islands with an incomparable West Indian ambience follow one another to the delight of experienced and novice yachtsmen alike.

A cruise on the Caribbean Sea will give you more of a change of scenery and rest for body and soul than a simple hotel stay.

For even more dream islands and white sand, Catlante Catamarans offers you an 11-day cruise, departing from Martinique, easily reached from Paris or the provinces. Catlante Catamarans has chosen the Catlante 600 and Catlante 620 catamarans, both spacious and comfortable, to share with you its favorite cruises in the West Indies.



Palm island



Salt whistle bay

### INFORMATION & BOOKING

+33 (0)1.55.20.90.90, 9am-8pm, 7 days a week

[www.catlante.com](http://www.catlante.com)



Mayreau



# YOUR CRUISE DAY BY DAY

## DAY 1

### Martinique - Le Marin (Departure)

Meet us at the pier in Le Marin, south of Martinique, to board your Catlante 600 catamaran from 6pm.

You'll get to know the crew and your fellow passengers over a welcome drink.

The Captain will explain the cruise program and give you basic safety instructions.

After dinner, you'll set sail for a beautiful evening cruise in the Caribbean Sea: Take the opportunity to relax and enjoy these moments, lying back on the mattresses of the large fly bridge, gazing up at the starry sky before sleep overtakes you. Then it's time to return to your comfortable cabin.

At night, you'll sail along the coast of the island of Saint Lucia, taking in the silhouettes of its majestic Deux Pitons.



Bequia

## DAY 2 Béquia

In the morning, after passing within sight of Saint Vincent, you'll land on the island of BEquia (pronounced « Bacoua »), in Admiralty Bay. During breakfast, your captain will take care of the formalities for entering the Grenadines.

At 18km<sup>2</sup>, Béquia is the largest island in the Grenadines. The French were the first settlers here in the early 18th century. Surrounded by white sand beaches, turquoise waters and coral reefs, Béquia, with its lush hills and valleys, is an authentic tropical island.

Once populated by whalers, this island has been successfully converted to tourism: the welcome is warm and the atmosphere is festive.

Port Elizabeth, the island's main village with its Anglo-Saxon charm, boasts a beautiful Anglican church, St. Mary's, built in 1829. Between relaxing on board the boat, swimming and strolling ashore, you'll enjoy your first few hours in the Grenadines.

After a siesta, when the temperature drops a little, treat yourself to a tour of the island. You'll discover the fishing village of Hamilton with its colorful boats, the turtle farm to the south, the small whaling museum and splendid scenery.

Lunch and dinner on board. Night at anchor.



Bequia





## DAY 3

### Bequia – Petit Nevis - Mayreau

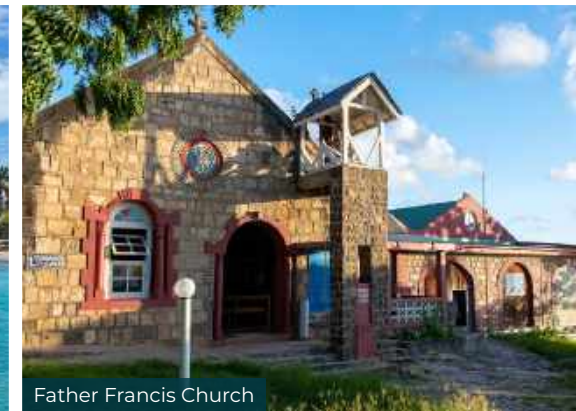
After breakfast, departure for a short sail to the island of Petit Nevis. Now uninhabited, this small island was used until the 1960s for butchering whales after their hunt. Bleached bones can still be found scattered around. Snorkeling is at your feet, in shallow waters, so make the most of it !

Then it's back to the island of Mayreau, a mere 4km<sup>2</sup> in size but home to two of the most beautiful beaches in the Caribbean: Salt Whistle Bay, a perfect arc of white sand, and Saline Bay.

Discover the island's only hilltop village, Old Wall, on foot. It's very typical of the Caribbean, with its colorful wooden huts and nonchalant atmosphere. A cosy little bar run by Robert, a colorful Rasta, is the perfect place for a break. Refreshing after taking the time to admire the splendid view of the Tobago Cays, Canouan and Union. The island's 300 or so inhabitants form an autonomous community. The island of Mayreau is the smallest of the Grenadine islands, but its inhabitants are no less strong-willed for having a strong character. The descendants of the hundred or so settlers and slaves who refused the St Vincent government's offer to settle on Canouan. Also visit the pretty little Catholic church of Père Divonne, who in 1972 solved the island's water problem by equipping it with a collective water collector. In the late afternoon, enjoy a relaxing swim on the beach before returning to your boat for dinner and the evening. Overnight at anchor in Mayreau.



Mayreau



Father Francis Church



Mayreau

## DAY 4

### Mayreau - Tobago Cays

You'll have the whole morning to enjoy the beach at Salt Whistle Bay.

After lunch, you'll set sail for the Tobago Cays. The monochrome of greens and blues is breathtaking, with the sky drowning in the sea and the feeling of having arrived at the end of the Earth.

The few islets of the Tobago Cays are joined by the most beautiful coral reef in the West Indies. After this first contact with the Tobago Cays, accept without hesitation

the traditional picnic on the beach (extra charge) prepared by the fishermen: salads and fruit, fish or lobster depending on the season, but always freshly caught and cooked in front of you. A real treat ! Enjoy this Eden to the full in the afternoons and evenings. This miracle of nature, the most beautiful lagoon in the Grenadines, will offer you the most wonderful setting for this night's anchorage.



## DAY 5 Tobago Cays

Wake up to paradise ! The urge to dive in will be so strong that you'll have to eat breakfast. Baradal is best visited in the morning, when the iguanas are basking in the sun. Snorkeling fans are in for a treat: the shallow barrier reef is teeming with fish, turtles, rays and coral. For those who have never tried snorkeling before, this is a great place to start.

Be careful: the Tobago Cays Marine Park is protected and its natural balance is fragile. So don't hit the corals with your flippers, and don't pick up any shells or pieces of coral. In any case, once out of the water, dry and dead, these little natural jewels lose their color. For a relaxing break between dives, the pristine beaches of the islets Petit Tabac, Baradal, Jamesby, Petit Rameau and Petit Bateau invite you to a soothing robinsonnade. Dinner and overnight at anchor



Tobago Cays



Mayreau



Tobago cays panorama



Saint Vincent

## DAY 6 Tobago Cays – Petit-St. Vincent – Morpion – Union

Spend the morning in the Tobago Cays, feasting once again on this giant aquarium dotted with islands and wild beaches, before heading off to a new dream island just a stone's throw away, Petit Saint Vincent. This private island welcomes you for anchoring and swimming, before or after lunch.

You'll leave Petit Saint-Vincent in the early afternoon to discover one of the Grenadines' mythical islets: Morpion. Morpion is a white sandbank whose contours change with the tides. A few dozen meters long, Morpion is characterized by its only structure, a coconut leaf hut. Famous the world over, it has been photographed by Yann Arthus-Bertrand and featured on the cover of several magazines. The surrounding coral reefs are ideal for snorkeling.

Weighing anchor in the late afternoon, you'll head for Union, which you'll reach in the evening. If you wish, you can dine ashore (at an additional cost) in one of the island's restaurants, including the beautiful Bougainvillea terrace. In the village of Clifton Bay, evenings are often enlivened by the percussive sounds of the Steel Bands. It's a great place to have a party.

Dinner and overnight on board, at anchor or alongside.





## DAY 7

### Union - Bequia

Union covers an area of 8km<sup>2</sup>, and is the most mountainous of the archipelago: its Mount Parnassus rises to 304 meters. The harbour village of Clifton is typical and lively, and is very popular with yachtsmen. Small shops and a typical market are located in the main street. Some are run by French people who settled here over twenty years ago. You'll have the morning to explore Clifton, do a bit of shopping and enjoy a coffee on the terrace while watching the island's morning life. If you fancy a good

walk, the beaches of Belmont, Richmond or Bloody Bay and the village of Ashton are well worth a visit. Thompson Reef is a famous kite-surfing spot, and you can watch the kites from the beautiful beach! Lunch at anchor in front of charming Happy Island. You'll then leave Union for Bequia. Relax in one of Bequia's many small bars, with local craftsmen selling souvenirs, and on the beach before returning to your boat for dinner. Overnight at anchor.

Bequia



## DAY 8

### Bequia – St. Vincent

After breakfast, you'll weigh anchor for a sail (approx. 2h30) to the large island of Saint Vincent, which you'll reach by lunchtime. You'll anchor in pretty Cumberland Bay, lined with coconut palms. In the afternoon, you can take an excursion that will take you through the island's charming, little-known villages, some of which have names reminiscent of the island's former French presence, and take you to the Dark View Falls (extra charge). Both are easily accessible on foot, crossing the river on a suspension bridge. The setting is incredible, the vegetation more than lush - you'd think you were at the end of the world! A small bar on the beach will welcome you (some evenings...) for an aperitif or a nightcap before returning to your catamaran. Overnight at anchor.



Saint Vincent



Bequia

## DAY 9

### St. Vincent – St. Lucia

Early departure for St. Lucia. This large island of volcanic origin (620km<sup>2</sup>) is all relief and covered with lush vegetation. It can be seen from afar thanks to its famous Deux Pitons, ancient lava domes on the west coast, dropping sheer into the sea.

Long disputed by the French and English, the island's cultural heritage is reflected in its history. While English is the first language, Creole and French are also spoken. You'll stop off at Soufrière Bay for a swim and lunch. In the afternoon, disembark for a tour of the island

(surcharge): discover the medicinal virtues of volcanic mud and the hot springs of Sulphur Springs, the magnificent botanical garden and its landscaped pools of Diamond Falls and finish in the charming and very spiritual Maranatha Gardens. Along the way, you'll discover numerous viewpoints over the Two Pitons. Dinner and overnight at anchor in Soufrière.



## DAY 10

### St. Lucia - Martinique St. Anne

After breakfast, you'll leave St. Lucia, heading due north towards Martinique.

While crossing the Sainte Lucie Canal, you may be lucky enough to spot dolphins or even whales. Keep your eyes peeled !

The sea can be a little rough in this pass, but as on the outward journey, you'll appreciate the stability of your catamaran.

Arrive opposite the large beach of Sainte Anne, just off Pointe Marin, for an afternoon of idleness, strolling and water sports. The more energetic can enjoy the village entertainment after dinner.

Dinner and overnight at anchor, opposite Sainte Anne.

## DAY 11

### St. Anne - Le Marin

After an early breakfast, your catamaran will weigh anchor one last time to head for the port of Le Marin. You'll be asked to leave your boat and crew at 9:00 am.



Tobago cays



Saint Vincent



Saint Anne beach





Tobago cays, Baradal beach





Palm island



Tobago cays



Mayreau



Bequia

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 +33 (0)1.55.20.90.90  
 9H-20H / 7 days a week  
 info@catlante.com

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[www.catlante.com](http://www.catlante.com)

332, Les Bureaux de la Colline, 1 Rue Royale 92210 ST CLOUD

SA capital de 1.173.419 € - Rcs Nanterre 451 543 730