



# ARCHIPELAGOS AND CALANQUES OF PROVENCE



**CATLANTE**

CATAMARANS



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## THE DEEP BLUE SEA

Alone, as a couple, with family or friends, one cabin or the whole boat.



Cap Taillat



Calanques of Cassis

The « Grande Bleue » offers breathtaking panoramas, unspoilt islands scented with maquis and lavender, and a legendary gentle way of life. A game of pétanque in the village square, a stroll through the vineyards and maritime pines, a visit to the local stalls of a market, the lilting accents of the local people. Here, everything has the flavour of a happy vacation. Childhood memories are recalled, Pagnol is reread, and the taste of anisette is on your lips. It would be heartbreaking not to go again. Departing from Marseille's Vieux Port, come aboard one of our large catamarans for a privileged discovery of the Riviera as far as Saint Tropez. Approach the islands of Porquerolles, Embiez and Frioul just as the tourists are leaving, drop anchor in the secret

coves of the Calanques, sail into Saint-Tropez and spend the night at Cap Taillat. The waters in which you'll be sailing are part of the PELAGOS sanctuary, created in 2002 by a joint decision of France, Monaco and Italy to protect marine mammals, dolphins, whales and many other species. It has become to meet them as we sail along, especially in summer. This Mediterranean cruise on a catamaran will remain one of your fondest vacation memories.

### INFORMATION & BOOKING

+33 (0)1.55.20.90.90, 9am-8pm, 7 days a week  
[www.catlante.com](http://www.catlante.com)



# VOTRE CROISIÈRE JOUR APRÈS JOUR

## DAY 1

### Marseille, Vieux Port - Frioul Islands

Rendez-vous in Marseille's mythical Vieux Port, under the gaze of Notre-Dame-de-la-Garde, to board your catamaran at 6pm.

After settling into your cabins, your crew will brief you on safety rules and life on board over a welcome cocktail. You'll leave the Old Port for your first sail to the Frioul Islands.

This small archipelago just a stone's throw from Marseille is made up of four main islets: Pomègues, Ratonneau, Tiboulèn and If, the most famous. The Château d'If, built in the 16th century, owes its fame to Alexandre Dumas' novel The Earl of Monte Cristo, and to its main character, Edmond Dantès, imprisoned in the fort. Dinner and overnight at anchor in the Frioul Islands.

## DAY 2

### Frioul Islands - Calanques - Cassis

This morning, we will sail for a truly unforgettable experience: the discovery of the famous calanques from Marseille to Cassis, which have no equal when viewed from the sea. The view of these impressive geological formations makes for unforgettable sailing. The white limestone cliffs rise majestically above the turquoise waters, while the creeks secluded coves, the famous little



cabanons and idyllic beaches invite you to daydream. Each calanque reveals its own wild beauty. Your captain will choose the prettiest one for a swimming stopover before returning to Cassis. The brightly-colored houses around the basin, the fishermen's boats and the relaxed atmosphere are the

perfect setting for the end of a day's cruising. Stroll through the narrow streets, buy yourself a few souvenirs, enjoy an aperitif on the harbor - you'll feel right at home. Dinner and overnight at anchor.



Calanques of Cassis



## DAY 3

### Cassis - Bandol - Porquerolles

The first stop of the day will be the majestic Cap de l'Aigle, on the outskirts of La Ciotat.

At lunchtime, we reach the beaches of Bandol. This authentic seaside resort is one of the oldest in Provence. Long before Bardot in St Tropez, Bandol's first tourists were Mistinguett, Raimu and Pagnol, as well as Aldous Huxley and Thomas Mann.

In the afternoon, a beautiful sail will take us to the long-awaited stopover on the superb Porquerolles, the largest of the three Golden Islands. Rent a bike and explore its village, vineyards, superb beaches to the north and cliffs to the south, accompanied by the song of the cicadas.

You can also swim at Plage d'Argent, with its fine, gently sloping sand and turquoise waters, one of the island's jewels. Stop off at Fort de l'Alycastre. In Provençal legend, a terrible dragon, the Lycastré, lived in a cave, terrorizing the population. A valiant knight saved from shipwreck by the island's inhabitants, the killed him with his sword in gratitude, thus restoring peace. In the evening, take a seat on one of the terraces in Place de l'Eglise, where the locals play boules, and enjoy the gentle island atmosphere.

Dinner and overnight at anchor

## DAY 4

### Porquerolles - Saint Tropez - Cap Taillat

Today, we're off to St Tropez! You'll appreciate arriving by the sea, a far cry from the only overcrowded road in summer.

While the village remains a must-see for celebrities, it has not been neglected by lovers of nature and enthusiasts of history, art and gastronomy.

A high-quality program of events punctuates the year and contributes to the legend of the city. Beyond the festivities, Saint-Tropez remains an authentic village, a small port with many facets.

Discover the picturesque narrow streets and charming boutiques, the Provençal market, the 16th-century citadel and the famous Musée de l'Annonciade. Spot a few celebrities among the pétanque players on Place des Lices, or sit on the emblematic terraces of Café Sénéquier or Bar le Gorille, where you can delightfully waste your time watching the passers-by. For a peaceful end to the day, enjoying a great swim, we've chosen Cap Taillat, near Ramatuelle. You'll be seduced by the purity of the water and its remarkable sandy isthmus. Dinner and overnight at anchor.



Bandol beach



Porquerolles bay



Port of Cassis



## DAY 5

### Cap Taillat - Cap Nègre - Cap Bénat

Halfway through the cruise, let's devote a day to relaxation, total rest and the benefits of the sea. It's always nice to do nothing on vacation. Sheltered by Cap Nègre, you drop anchor in the cove of Cavalière. This long, white-sand beach faces Ile du Levant and opens onto the Pelagos marine sanctuary. We then sail to Cap Bénat, one of the most prestigious natural sites on the Var coast, planted with Aleppo pines and cork oaks, between Le Lavandou and Bormes-les-Mimosas. Cap Bénat has been home to the vacation residence of the President of the French Republic since 1968, the Fort de Brégançon, perched on a rocky outcrop overlooking the sea. This exclusive stopover offers a peaceful, unspoilt atmosphere. Dinner and overnight at anchor.



Cap Nègre



Calanques



Port-Cros village

## DAY 6

### Cap Bénat - Port Cros - Giens peninsula

After breakfast, we'll head for the Golden Isles, in the direction of Port-Cros, where we'll disembark in its unique and adorable village, shaded by tall palm trees and nestled in the hollow of a cove.

Access to Port-Cros is regulated in order to preserve its exceptional biodiversity. Lovers of diving and underwater fauna, this is the place for you. Hiking trails, shaded by umbrella pines and holm oaks, wind their way across the island with panoramic sea views.

In the afternoon, we'll head for the Giens peninsula in the commune of Hyères. Linked to the mainland by two five-kilometer-long sandy inlets, it is a geological curiosity unique in the world. The salt marshes are home to an ornithological reserve populated by pink flamingos. Drop anchor near one of its beaches and spend the evening and night at anchor in this haven of peace.



## DAY 7

### Giens-Sanary - Embiez islands

In the morning, you'll enjoy a stopover in Sanary-sur-Mer. Another small Provençal port, just as we love them ! Here you'll find colorful facades, lively alleyways and the shade of palm trees on the terraces, but above all its flower market, held every morning in front of the town hall. For a beautiful view of the sea, the Embiez islands, Pointe Nègre and the red stones of La Cride, climb up to the humble and charming Notre Dame de Pitié chapel. For the last stop on your cruise, we've reserved the Embiez archipelago. Paul Ricard, founder of the famous Pastis brand, acquired these islands in the 1950s. Partly classified as a nature reserve, the archipelago is dedicated to preserving the environment. No deckchairs or bars on the eight beaches and coves bathed in crystal-clear waters.

This is a far cry from the erroneous cliché of the Côte d'Azur. The Saint-Pierre des Embiez marina is the perfect place to spend your last evening in a relaxed nautical atmosphere, reminiscing about the best moments of your stay at sea.

Dinner and overnight at anchor.

## DAY 8

### Embiez Islands - Marseille, Vieux Port

We're getting up a little earlier this morning, but that's the price you have to pay to spend the night in Les Embiez, and it's really not that expensive. After an early breakfast, a final hour's sail will take you back to Marseille's Vieux Port, where you'll leave your catamaran at 9am.



Giens peninsula



Embiez-le-Gaou



Marseille Vieux Port





Port of Cassis





Port Cros



Sannary sur mer



Marseille Vieux Port



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