

## GUADELOUPE AND DOMINICA CRUISE

# CARIBBEAN NATURE AND TRADITIONS

Alone, as a couple, with family or friends, one cabin or the whole boat.

Leaving from Guadeloupe, set off on an unusual discovery of its neighboring islands, real tropical pearls. Marie Galante, the Saintes archipelago and îlet Pigeon, in the heart of the Cousteau reserve, are all dreamy, timeless ports of call accessible only by boat. You'll love their superb beaches, their diversity, their picturesque villages, their protected nature and their island atmosphere. To the south, a 4-hour sail away, lies a still-secret island in the West Indies: Dominica. Undeveloped and completely untouched by mass tourism, it is certainly the most unspoilt of the region. Nature explodes here. Witness the Rain Forest, a seabed of rare richness, the only place in the world where sperm whales live year-round, and the volcano with its perpetually bubbling lake.

Don't delay catamaran cruise in total harmony with nature in total harmony with nature, with a typically Caribbean atmosphere.





INFORMATION & BOOKING +33 (0)1.55.20.90.90, 9am-8pm, 7 days a week www.catlante.com



### YOUR CRUISE DAY BY DAY

#### DAY 1

#### Pointe à Pitre, Bas du Fort marina - Ilet Gosier

Your ship will be waiting for you at 6 p.m. in the Bas du Fort Marina, a few kilometers from Pointe à Pitre airport. Welcome cocktail to meet the crew, then settle into your cabins. After a briefing on your cruise, safety and life on board, you'll leave the harbor for a welcoming anchorage in Gosier Bay.

Dinner and overnight at anchor.







#### DAY 2 Gosier – Marie Galante

After breakfast and a first swim for those who wish, you'll set sail for a 3-hour cruise to the island of Marie Galante. Nicknamed « la grande galette », in reference to its low relief, or « the island of a hundred mills », Marie Galante charms visitors with its authenticity, its gentle way of life and the friendliness of its inhabitants. It's said to resemble the Guadeloupe of fifty years ago. In addition to its picturesque villages and countryside, Marie Galante boasts some of the finest coconut-fringed white sand beaches in the West Indies, and a few turquoise lagoons where your catamaran can drop anchor for your greatest pleasure.

Depending on your mood, you can explore the island, including one of its three famous rum distilleries - including the Poisson distillery, which produces Père Labat rum, the inventor of the distillation method still used today - or indulge in the pleasures of swimming, snorkeling and lounging. Dinner and overnight at anchor.

#### DAY 3 Marie Galante – Dominica

You'll have the whole morning to explore Marie Galante in greater depth.

After lunch, you'll head south to the island of Dominica at sunset.

Your catamaran will anchor in Prince Rupert Bay, close to the small town of Portsmouth and Fort Shirley. After a walk ashore, dinner and overnight at anchor.







#### DAY 4 Dominica

This day will be devoted to discovering Dominica. Nicknamed the « Nature Island », it is one of the most unspoilt islands in the Caribbean archipelago. Its rugged coastline boasts a rare luxuriance of tropical lush vegetation that climbs to the top of high, jagged peaks with superb waterfalls and a volcano with a constantly boiling lake.

This virtually untouched setting is home to the last descendants of the Caribbean Indians and the fishing communities who still set out to sea on their traditional gum trees.

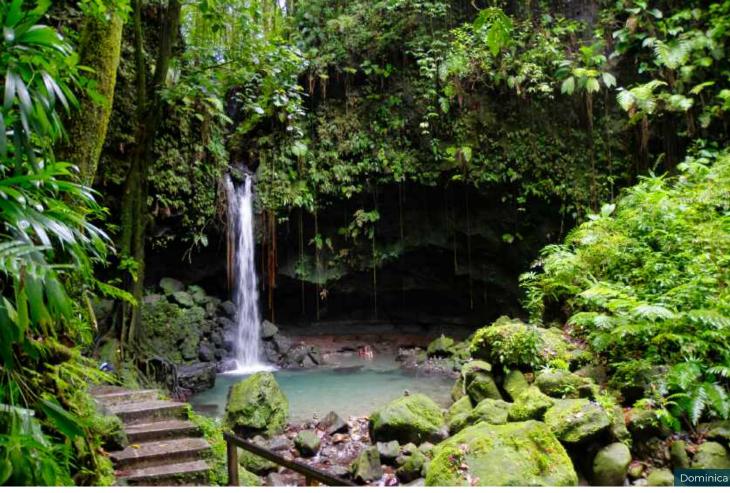
Dominica is the only place in the world where sperm

whales live year-round. The best time to observe them is from November to March, when the females give birth to their young.

There's no shortage of opportunities for discovery and activity: 365 rivers, waterfalls and natural spas, a national park, some of the most unspoilt seabeds in the West Indies, horseback riding... You can also opt for a guided excursion (optional at extra cost).

Dinner and overnight at anchor.





#### DAY 5 Dominica - Malendure, Basse-Terre

Morning departure from Dominica, heading north for the west coast of Guadeloupe. You'll reach Malendure, opposite the îlets Pigeon, for lunch. Located in the commune of Bouillante, these two islets are recognized as a biosphere reserve by UNESCO, and can be explored by canoe or snorkel. In addition to their vegetation dominated by Mancenillier and Frangipani, their main attraction lies in the seabed.

It was here that Captain Cousteau filmed scenes from Silent World in 1956. The corals and their associated fish communities offer some of the highest biodiversity in the French West Indies: elkhorn corals, gorgonians, Venus brains, parrotfish, moonfish, trunkfish, triggerfish and butterflyfish can all be observed here, whether snorkeling or diving with fins, mask and snorkel. In 2004, at the initiative of the Mayor of Bouillante, a bust of Captain Cousteau was immersed in the Coral Garden spot: a moving tribute appreciated by all divers. At the end of the day, don't miss Guadeloupe's most beautiful sunset, facing due west. Dinner and overnight at anchor.







#### DAY 6 Malendure - Saintes Archipelago

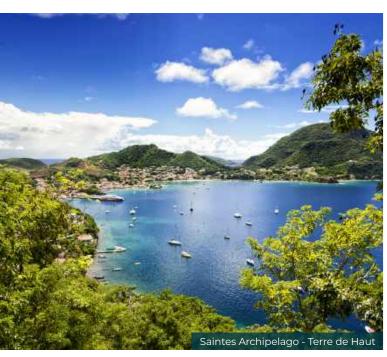
Depart after breakfast for a three-hour sail to the Saintes archipelago.

Famous throughout the West Indies for their bay, often compared to that of Rio de Janeiro, Les Saintes form a truly unique archipelago off the south coast of Guadeloupe. The beauty of the setting and the uniqueness of its people, with their distant Breton origins, create an incomparable atmosphere so seductive that many sailors have settled here.

In the afternoon, you can take a tour by cab or rent a scooter (optional and at extra cost), or go to Pompierre beach, a picture-postcard setting: white sand, clear, calm lake water and coconut palms.

At the end of the day, take a stroll through the narrow streets of Terre de Haut: do a bit of shopping, have a coffee on the terrace while enjoying a Tourment d'amour, a delicious little local pastry, or take an interest in the artisanal manufacture of Saintoises, small typical fishermen's boats.

Dinner and overnight at anchor in Terre de Haut.









#### DAY 7

#### Archipel des Saintes - Ilet Gosier

This morning, you'll leave Terre de Haut for a sail around the archipelago, discovering Pain de Sucre, Cabrit islet or Terre de Bas, between two swimming and snorkeling stops.

After lunch, you'll head back to the large island of Guadeloupe, where you'll anchor on the Gosier side after 3 hours at sea. A farewell dinner and a night at anchor round off the day's swimming.

#### DAY 8 Ilet Gosier - Pointe à Pitre, marina Bas du Fort

After a short sail to the Bas du Fort marina and breakfast, you'll leave your catamaran and crew at 9am.

















































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332, Les Bureaux de la Colline, 1 Rue Royale 92210 ST CLOUD Rcs Nanterre 451 543 730